



Bizzy Tots

Day nursery for children aged 0 to 5 years

Typical weekly menu at Bizzy Tots

	Snack	Lunch	Tea (Main)	Tea (Barn)
Monday	Biscuits * Fruit Bowl	Fresh Scottish Beef Savoury Mince Cauliflower & Broccoli * Homemade Toffee Sponge & Custard	Beans on Toast * Fruit Bowl Jam Tarts	Baked Beans Bread & Butter * Fruit Bowl Malt Loaf
Tuesday	Bread sticks Raisins * Fruit Bowl	100% Fish fingers Peas, Sweetcorn Mashed Potatoes Parsley Sauce * Yoghurt	Ham or Jam Sandwiches Carrot, Cucumber Cherry Tomatoes Cheese Chunks * Fruit Bowl Homemade Flapjack	Ravioli * Fruit Bowl Banana Custard
Wednesday	Biscuits * Fruit Bowl	Fresh Chicken Breast Casserole Potato & Swede Mash Broccoli * Ice Cream & Sauce or Yoghurt	Cheese on Toast Cucumber & Carrot Sticks * Fruit Bowl Homemade Iced Cake	Tomato Soup Bread & Butter Cucumber & Carrot Sticks * Fruit Bowl Yoghurt
Thursday	Toast * Fruit Bowl	Fresh Beef Mince Spaghetti Bolognese Mixed Vegetables Garlic Bread * Homemade Rainbow Sponge & Custard	Pork Sausages Potato Faces Carrot & Cucumber Sticks * Fruit Bowl Yoghurt	Tuna Potato Surprise Baked Beans * Fruit Bowl Chocolate Fingers
Friday	Cheese & Crackers * Fruit Bowl	Pork Sausage Casserole Carrots, Potatoes * Yoghurt	Paste/Marmite Sandwiches Cucumber & Carrot Sticks Cherry Tomatoes Cheese Chunks * Fruit Bowl Homemade Biscuits	Cauliflower Cheese * Fruit Bowl Yoghurt

KEY: Vegetables = Green

Fruit = Red

Fruit Bowl = Melon, Apple, Banana, Grapes, Satsumas, Kiwi, Pear, Pineapple, Peaches, Plums